



Monica and The Explosion – Go Out!

Release date Sep 1st 2021

Kalmar, Sweden 7 Sept 2021

For immediate release

**Hands Up Music proudly presents the release of
Monica and The Explosion's fifth studio album –
"Go Out!".**

Five years after her last album "Less Frenetic", Monica and The Explosion is now releasing "Go Out!". The 9 tracks on the album were originally recorded in 2016 and have now been mixed with a fresh 2021 – approach: moving in a new direction with a full band sound, slightly different to Monica and The Explosion's previous albums.

Monica and Explosion is Monica Welander, a Swedish punk rock artist and her acoustic guitar who released her debut album in 2007, and since then has been focusing on touring internationally – solo and with band. The recording band consists of Monica Welander, vocals, acoustic guitar, Rob Baylis, drums and Ian Stapleton, bass, Tom Savage electric guitars.

The new album, Go Out! is just like her previous last three albums recorded at Jigsaw Studios, Peterborough, UK with engineer Tom Savage. The recordings were made in 2016 but the final mixing of the album was made earlier this year (2021) by engineer Tom Savage.

The band Monica Welander, Rob Baylis and Ian Stapleton also worked together on Monica and The Explosion's previous album "Keep it Alive!" (2013). Rob Baylis also played drums on "SHUT UP!" (2010).

Rob and Ian were both members of The Destructors and have been working together in the studio for many years.

All the songs on "Go Out!" are written by Monica Welander, and most of the songs were written in 2016. All the songs are previously unreleased in this format, but "Restless" appeared as an acoustic solo version on Monica and The Explosion's last album "Less Frenetic" (Hands Up Music 2016).

The album was released digitally Sep 1st 2021 and is available on most download sites including Apple Music, Spotify, Amazon, Bandcamp etc. and the official band website. A limited number of CDs will be available for purchase and as promo copies for media. Contact mail@handsupmusic.se for more info.

Monica and The Explosion has made herself known for her dynamic live performances and dates for the album tour will be announced shortly, visit www.monicaandtheexplosion.com for latest updates.

Hands Up Music
mail@handsupmusic.se
www.monicaandtheexplosion.com
www.facebook.com/monicaandtheexplosion

Monica and The Explosion – Go Out!
(Hands Up Music)
Release date Sep 1st 2021.



No Light Fanzine Aug 7 2021

Monica and The Explosion - Go out! (Album 2021):

"...On the album we encounter some really full on and wonderful punk rock which with some of the tracks also has some pop elements.

Monica's voice sounds really good along with the fast punk rock. Imagine the feeling of packing the car with your mates, pull out onto the highway and head towards the horizon. That is the sort of feeling No Light got when the album was played in the headphones. The album is good right through, but two songs that stick a little extra are "Are you ready" and "Never grow up" which will be played on repeat many times!..."

Hands Up Music

mail@handsupmusic.se

www.monicaandtheexplosion.com

www.facebook.com/monicaandtheexplosion

Monica and The Explosion – Go Out!

(Hands Up Music)

Release date Sep 1st 2021.

