



## Monica and The Explosion – Go Out!

Release date Sep 1<sup>st</sup> 2021

Kalmar, Sweden 6 July 2021  
For immediate release

***Hands Up Music proudly presents the release of Monica and The Explosion's fifth studio album – "Go Out!".***

Five years after her last album "Less Frenetic", Monica and The Explosion is now releasing "Go Out!". The 9 tracks on the album were originally recorded in 2016 and have now been mixed with a fresh 2021 – approach: moving in a new direction with a full band sound, slightly different to Monica and The Explosion's previous albums.

Monica and Explosion is Monica Welander, a Swedish punk rock artist and her acoustic guitar who released her debut album in 2007, and since then has been focusing on touring internationally – solo and with band. The recording band consists of Monica Welander, vocals, acoustic guitar, Rob Baylis, drums and Ian Stapleton, bass, Tom Savage electric guitars.

The new album, Go Out! is just like her previous last three albums recorded at Jigsaw Studios, Peterborough, UK with engineer Tom Savage. The recordings were made in 2016 but the final mixing of the album was made earlier this year (2021) by engineer Tom Savage.

The band Monica Welander, Rob Baylis and Ian Stapleton also worked together on Monica and The Explosion's previous album "Keep it Alive!" (2013). Rob Baylis also played drums on "SHUT UP!" (2010).

Rob and Ian were both members of The Destructors and have been working together in the studio for many years. Ian Stapleton also plays bass for the 925's and Rob Baylis has been working for Dun 2 Def.

All the songs on "Go Out!" are written by Monica Welander, and most of the songs were written in 2016. All the songs are previously unreleased in this format, but "Restless" appeared as an acoustic solo version on Monica and The Explosion's last album "Less Frenetic" (Hands Up Music 2016).

The album will be released digitally Sep 1<sup>st</sup> 2021 and available on most download sites including Apple Music, Spotify, Amazon, Bandlab etc. and the official band website. A limited number of CDs will be available for purchase and as promo copies for media. Contact [mail@handsupmusic.se](mailto:mail@handsupmusic.se) for more info.

Monica and The Explosion has made herself known for her dynamic live performances and dates for the album tour will be announced shortly, visit [www.monicaandtheexplosion.com](http://www.monicaandtheexplosion.com) for latest updates.

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