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Monica and The Explosion

-Full Biography with Reviews

Monica and The Explosion is Monica Welander, is an acoustic punk rock artist originally from Sweden. She has been touring all around the world, as a solo artist or with a band, known and respected for her dynamic live performances and her songs. The sound is best described as "jukebox punk" - acoustic rock n'roll with attitude.

Over the years she has had the honour to work with many great musicians in her band. Previous band members include: Per-Ola Risenberg (Penny & The Pickups/SWE) Rob Baylis (Destructors, Dun 2 Def) Paul Slack (Uk Subs) JP Morer (Outcasts) Ian Stapleton (Destructors) Martin Berthelot (Just a Number /AUS).

Monica and The Explosion started in 2005 when Monica left her old rock band to focus on writing and performing solo. Her music was described as punky rock with a lot of energy.

The debut album "Monica and The Explosion" was released in 2007 on her own label, backed by Per-Ola Risenberg on drums and David Persson on bass. The three of them played together in Sweden for a while before Monica went touring on her own. Two music videos are released from the debut album: "Hollywood" (2007), and "Friday Night"(2008), both produced by Daniel Larsson.

The album release brought her out in the world. The following 3 years she toured around Europe, Australia, The US and India, ending up in the UK where she has been recording her last 3 albums, working with top British punk rock musicians.

All music is available for purchase from our website, on iTunes and most other download services, as well as streaming services such as Spotify.

Discography:

Monica and The Explosion (Hands Up Music) 2007
w. Peppe Risenberg, drums David Persson, bass.

SHUT UP! (Hands Up Music) 2010
w. Paul Slack bass, Rob Baylis, drums.

KEEP IT ALIVE! (Hands Up Music) 2013
w. Ian Stapleton bass, Rob Baylis drums.

Less Frenetic (Hands Up Music) 2016 solo.

Reviews:

Richard Wagenaar, The Next Gig Oct 2016:

"This fourth studio album by the Swedish is a charming piece with great songs..."

[Read full review](#)



Punkonline Fanzine 6th Oct 2016:

Monica and the Explosion – Less Frenetic

"...The new acoustic album by Monica and the Explosion, albeit Monica Welander, is a real treat that demands your attention throughout and isn't content as some background music at a dinner party like some solo projects..."

[Read full review](#)

Peter Thorsson, SKRUTT MAGAZINE Sept 2016:

Monica and the Explosion – Less Frenetic *****

"..It feels obviously more naked than before and the eight songs show the bare sound admirably....Singer / Songwriter of course one can call it that, but this is something more and something better. I would probably like to write Monica in to the punk history..."

[Read full review](#)

Mark Chadderton in Vive le Rock Magazine Nov/Dec 2013

KEEP IT ALIVE! - Swedish singer-songwriter's third album is an acoustic delight. 8/10

"...the high energy gutsy songstress sings her heart out for 13 memorable short, sharp songs. There is a rush of adrenaline that explodes from her frantic strumming and a vocal drawl full of feeling and power which plays off against some of her tongue-twisting lyrics, radiating attitude and defiance..."

Big Cheese Magazine, Sep 2010

"Monica Welander has some serious attitude but is cool as hell too. Armed with an acoustic guitar that she pounds the hell out of, this is acoustic punk at its most fiery and personal... Welander pulls off the Joan Jett, "I-don't-give-a-damn sort of sassiness without any hint of contrivance..."

Jane Connolly in SO Tunbridge Wells, Sep. 2011

"Shut Up!- Monica and The Explosion.

Female singers seem to be taking over the world right now, but if you want a break from the power ballads and quirky pop tracks, do not miss this feisty local musician. Strongly flavoured with classic British punk, Monica Welander - a Swede now based in Tunbridge Wells - is not so much a breath of fresh air, as a force-10 gale of honest, funny lyrics and insanely catchy tunes. She doesn't mince her words, with tracks like Intoxicated summing up Saturday night romance in blunt and witty style, while the opener Take it Or Leave Me has toes tapping from the very first bar. Any album that can put Culture Vulture in a good mood on Monday morning deserves the highest recommendation."

Michael Bednar in Big Cheese July 2010:

Monica and the Explosion – Shut Up!

Sassy Swede + Paul Slack + acoustic punk = jolly good time.

"...Songs like "Take It Or Leave Me" and "Shut Up" are fiery musings with a little bit of Joan Jett attitude thrown in. The album might be a little rough at the edges but that only adds to it's charm. Let it explode out of your stereo and enjoy!"

Tuva Klinthäll in Smålandsposten, July 2010

"...Shut up is a record that makes your legs wanna move to use that expression, with a voice that is close to Patti Smiths and sassy lyrics Monica Welander is a well needed energy injection in a sometimes too flat music scene."

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